

Shabutsu - Tracing Images of Buddha

Des Moines Zen Center
Sunday, December 20th
10 - 11:30am

Shabutsu is loads of fun and an ancient Buddhist practice believed to offer the practitioner merit beyond measure. The Earth Store Sutra has this to say about tracing Bodhisattvas:

*If good men or women of the future hear this Bodhisattva's name, praise him, behold and bow to him, call his name, make offerings to him, or if they **draw**, carve, cast, sculpt, or make lacquered images of him, such people will be reborn in the Heaven of the Thirty-Three one hundred times and will never fall into the Evil Paths.*

Daishin will provide Buddhist images, paper, sumi ink, brushes, and Dharma Teachings. Bring colored pencils, crayons, or anything else you would like to use.

Sign up by December 13th. Email daishin at daishin@zenfields.org to register.

